

About Jacob's Well Ministries

When Jesus stopped to rest at Jacob's well (John 4:1-42) the conversation he had with the Samaritan woman he met there was truly remarkable. It ranged from the profoundly personal to the deep things of God.

"I love this passage for its portrayal of the interwovenness of the things of the heart and the head – of spirit and truth. Both dimensions are vital and they are deeply interdependent: the response of the human spirit to God must always be enriched and guided by the truth of God; yet that truth only wells up as living water when we take it to heart and it floods through our spirits – bringing life to and through us."

Jacob's Well Ministries offers a range of resources which will encourage you – individually or as a church community – to engage with our amazing God in all the richness of worship, life together and mission.

Anne's training and experience in counselling psychology, formation work with those preparing for Christian ministry, congregational training, speaking, mentoring and her PhD studies in practical theology, have combined to uniquely equip her to encourage God's people to grow *in spirit and in truth*.



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Jacob's Well Ministries— Mentoring

Dr Anne Klose



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GROWING GOD'S PEOPLE IN SPIRIT AND IN TRUTH



Mentoring

The woman at the well (John 4) discovered so much through her conversation with Jesus. He invited her into a space where she was fully known and loved, where she was enabled to discover things about God, and where she came to know Jesus himself. Anne seeks to mentor through conversations which, by God's grace and with the help of his Spirit, open up just such spaces in which people may encounter God and grow in him.

Anne mentors from her home in Wellington Point, Queensland – in person for those who live locally or by skype for those who live and work further afield. Mentoring fees vary with the employment status of the mentoree. As a guide 90 minute sessions are costed at \$90 for the unwaged and \$150 for those who are employed full time. Payment by EFT preferred—see details over.

What to expect

Mentoring will usually begin with you sharing something of your life story with Anne—but no more than you feel comfortable with. Trust takes time to grow. Anne will also tell you a little about herself and answer any questions you might have. At either the first or second meeting Anne will ask you about your specific goals for mentoring. These might include...

- ◆ Getting to know God and yourself
- ◆ Growing in Christian maturity
- ◆ Discerning God's path for you
- ◆ Developing in your ministry

Further sessions will focus on such goals but also provide opportunities to reflect on the whole of your life— home and work, key relationships, and habits of the spirit, mind and body.

Anne will listen to you carefully and prayerfully. She will reflect to you what she hears and seek to encourage, challenge, and resource you as you grow.

After each session you will receive a brief email from Anne outlining the main themes of your meeting and recording any actions you and Anne are to undertake over the coming weeks. Please provide a private email address to which this email can be sent—or let Anne know if you'd rather this didn't occur.

Anne will be praying for you regularly between sessions— so please let her know your needs by text or email as they arise. In the case of urgent need for contact between sessions Anne will seek to be generous with her time but her availability will not be unlimited.

Confidentiality

Anne will respect the confidentiality of your life journey—and asks that you do the same for her as she shares with you from her own story.

Reviewing your mentoring journey

From time to time (once to twice yearly) you and Anne will review your mentoring journey. You will be asked to reflect on what you are finding helpful about your mentoring sessions and how Anne might serve you better. She will also offer some reflections on how she sees the process unfolding.

But please feel free to provide feedback or ask questions at any time.

Also available from Jacob's Well Ministries



An album of spoken words and music for resting deeply in God.

Available as mp3 from your favourite e-music store or on CD from [www. jacobswellministries.com.au](http://www.jacobswellministries.com.au)